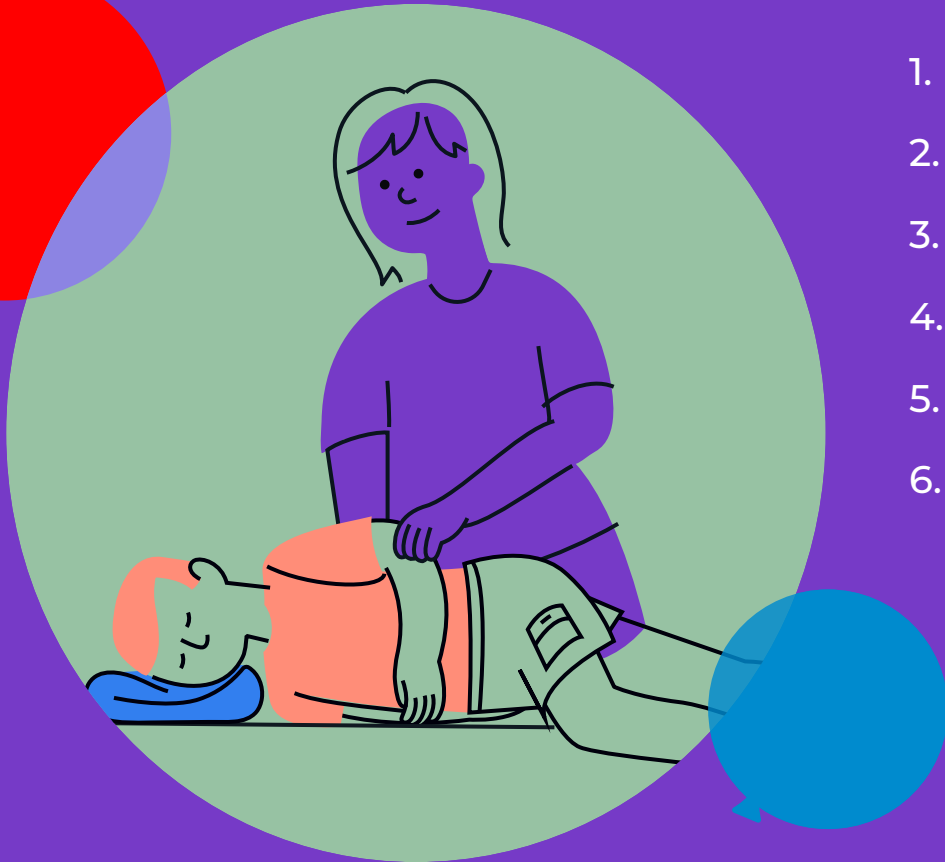


seizure first aid

What to do if a child has a convulsive seizure



1. Do not panic
2. Turn on their side and start timing the seizure
3. Stay with the child, do not restrain
4. Place something soft under their head
5. Do NOT put anything in their mouth
6. Call 911 if the seizure lasts longer than five minutes