

## Books and Videos about Surgery

Studies have shown that it is best to prepare your child for any new experience, especially surgery. Reading books and watching videos about surgery helps your child know what to expect. Below are kid-friendly books and videos about the hospital and surgery.

Each video/book has a suggested age group. Please view these books/videos before your child does, as you know your child best.

Some of these books and videos are about specific surgeries. If you do not see one for your child's surgery, some of the information may still be helpful for your child to learn. You and your child can talk about what part of their body will be helped by the doctors during surgery.

Book Title	Description/Summary	Suggested Age Group	Free Link on YouTube
<b>A Sleepy Tale: My First Surgery</b>	A young boy has surgery to fix his broken arm. Talks about "sleepy juice" and breathing through a mask.  *An anesthesiologist (a doctor who gives medicine that makes you sleep during surgery) wrote this book.	2-7	N/A
<b>A Toddler Prep Book:</b> <ul style="list-style-type: none"> <li>• Going to Have Surgery</li> <li>• Getting Ear Tubes</li> <li>• Goodbye Adenoids</li> <li>• Goodbye Tonsils</li> </ul>	Series of simple books about different kinds of surgeries. The books have pictures of the inside of a real hospital.	2-6	N/A
<b>The Berenstain Bears: Hospital Friends</b>	Cousin Bear has surgery to take out his tonsils and then has a sore throat. He learns about the hospital, x-rays, and the recovery room.	4-8	<a href="#">Berenstain Bears: Hospital Friends - YouTube</a>
<b>Chris Gets Ear Tubes</b>	Chris learns about ear tubes he will have put in during surgery to help him hear better.	4-8	<a href="#">Chris Gets Ear Tubes - Storytelling - Devraj Ray - YouTube</a>

Book Title	Description/Summary	Suggested Age Group	Free Link on YouTube
<b>Clifford Visits the Hospital</b>	Clifford sneaks into the hospital and learns it is not as scary as he thought.  *Also in Spanish	3-7	<a href="#">Clifford Visits the Hospital - YouTube</a>  <a href="#">Clifford Visita el Hospital - YouTube</a>
<b>Franklin Goes to the Hospital</b>	Franklin has surgery to fix his broken shell. He goes to sleep in the operating room	4-8	<a href="#">"FRANKLIN GOES TO THE HOSPITAL" - Franklin Read Aloud - Storybook for kids, children - YouTube</a>
<b>Good-Bye Tonsils</b>	Before surgery, a young girl talks with her friend to learn about surgery to take out her tonsils.	4-7	<a href="#">Good Bye Tonsils   MGH Child Life Storytime - YouTube</a>
<b>Magic Air: Ten Kid-Sized Steps to Surgery</b>	A boy talks about his little brother's upcoming surgery. Together, they learn what it means to have surgery with anesthesia. They follow 10 simple steps to get ready for surgery. After the story, the author gives more details about anesthesia if you would like to learn more about it.  * A CRNA (someone who gives medicine that makes you sleep during surgery) wrote this book.	4-10	N/A
<b>S is for surgery: A Kids Surgery Book from A-Z</b>	A workbook that uses the alphabet to explain surgery to older children.	8-12	N/A
<b>Surgery on Sunday</b>	Sunday is nervous about her ear surgery. She learns helpful tips for getting an IV and having surgery.	5-10	N/A

Video Title	Description/Summary	Suggested Age Group	Free Link on YouTube
<b>Daniel Tiger: Daniel goes to the Hospital</b>	Daniel Tiger needs surgery on his ears. His parents get him ready for surgery by telling him what to expect and letting him play doctor on his stuffed animal.  Length: 27 minutes	2-5	<a href="#">Daniel Tiger's Neighborhood FULL EPISODE   Daniel Goes to the Hospital   PBS KIDS - YouTube</a>
<b>Peppa Pig: Health Check</b>	Peppa Pig goes to the doctor for a check-up appointment.  Length: 5 minutes	3-5	<a href="#">Peppa Pig   Health Check   Peppa Pig Official   Family Kids Cartoon - YouTube</a>
<b>Berenstain Bears: Go to the Doctor</b>	The Berenstain Bears go to the doctor for a check-up appointment and later find out Papa Bear is sick.  Length: 12 minutes	3-7	<a href="#">The Berenstain Bears - Go To The Doctor [Full Episode] - YouTube</a>
<b>Sesame Street Goes to the Doctor</b>	Elmo and friends are sick and go to the doctor for help.  Length: 18 minutes	2-5	<a href="#">Sesame Street Goes to the Doctor - YouTube</a>