

**9 home remedies**  
for your child's cough



# 9 home remedies

## for your child's cough



Drink warm fluids



Consider using a humidifier



Try icy treats



Breathe in warm water vapors



Saline and suction



Gargle with warm salt water



Give a spoonful of honey (over age 1)



Elevate your child's head while sleeping (over age 2)



Get some zzz's