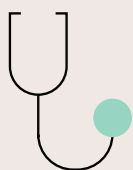


# urgent care or ER visit?

When your child has an illness or injury, it can be confusing trying to figure out what to do for care. Can you treat them at home? Should you go to the ER or urgent care? The conditions below are listed to help you make the best treatment choice for you and your family, depending on the severity of your child's symptoms. Remember, if your child is experiencing an emergency like difficulty breathing, severe pain or seizures, or injury, always call 911 and take your child to the nearest ER.



## Urgent Care

- Allergies
- Common cold
- Cough
- Dehydration
- Ear, nose and throat infections
- Fever
- Flu-like symptoms
- Minor burns
- Arm or leg injuries
- Rashes
- Diarrhea
- Skin infections



## Emergency Room

- Trouble breathing, including asthma that is not improving with home treatments
- Any change in behavior following loss of consciousness, especially after a head injury
- Bleeding you can't stop
- Blue or purple skin or lips
- Burns or smoke inhalation
- Choking
- Facial or dental injuries
- Seizures (losing consciousness, muscle spasms, drooling or foaming at mouth, falling)
- Any impact injuries, such as from a car or bicycle accident, or falls from heights

If you are uncertain whether your child has an emergency condition, you may want to consult with your child's primary care physician.