

Enema Program.

Goal:

The enema helps clean out the lower part of your child's colon (where poop is stored) and prevent poop accidents for 24 hours.

Enema Ingredients	Directions
<input type="checkbox"/> Normal Saline _____ mL	<ul style="list-style-type: none"> To make the saline, follow the directions listed in the handout called <i>Instructions for Homemade Normal Saline for Enteral Use</i>. Measure out the amount of normal saline your child's doctor ordered. Pour only that amount into the enema bag.
Additives: <input type="checkbox"/> Glycerin _____ mL <input type="checkbox"/> Castile Soap _____ mL <input type="checkbox"/> Other _____	<ul style="list-style-type: none"> If your child's doctor says to use additives, pour them into the saline. Gently squeeze the bag to mix everything. You can buy these additives at drug or grocery stores. The Castile Soap brand is Dr. Bronner's.

How to give the enema:

Follow the directions in the handout called *Enema Administration for Bowel Management*.

What to expect:

During Bowel Management Week, give your child an enema in the morning. Then, take your child for their daily abdominal x-ray. We will call you between 10:00 a.m. and 12:00 p.m. to check how your child is doing.

After the care team looks at the x-ray and your daily reports, we may change the enema recipe. This could mean using more or less saline or additives.

Remember: Each child needs a special enema recipe. It may take a few tries to get it right. By the end of Bowel Management Week, we should know which enema recipe works best for your child.