

## Enema additives.

Enema additives are used to stimulate the inside of the bowel to move poop through and out of the body. You will buy these enema additives in drug or grocery stores or find them online. The pictures are for reference only. Your child's doctor and care team will tell you what additives to use and how much.

### Normal Saline:

- You can buy normal saline pre-made without a prescription or use a prescription and get it from a medical supply company.
- Use the recipe on the handout **Instructions for Homemade Normal Saline for Enteral Use** to make your own normal saline at home.



### Glycerin:

- Liquid glycerin is a thick, clear, odorless, non-toxic liquid.
- Glycerin can be found in the health and beauty section of the store or online by doing a search for “liquid glycerin.”



### Castile Soap:

- Castile Soap is a mild soap made of plant oils.
- You will use the liquid form.
- Castile Soap can be found in the health and beauty section of the store or online.
- The Castile Soap brand is Dr. Bronner's.

