

Books and Videos about Surgery.

Studies have shown that it is best to prepare your child for any new experience, especially surgery. Reading books and watching videos about surgery helps your child know what to expect. Below are kid-friendly books and videos about the hospital and surgery.

Each video/book has a suggested age group. Please view these books/videos before your child does, as you know your child best.

Some of these books and videos are about specific surgeries. If you do not see one for your child's surgery, some of the information may still be helpful for your child to learn. You and your child can talk about what part of their body will be helped by the doctors during surgery.

Book Title	Description/Summary	Suggested Age Group	Free Link on YouTube
A Sleepy Tale: My First Surgery	A young boy has surgery to fix his broken arm. Talks about "sleepy juice" and breathing through a mask. *An anesthesiologist (a doctor who gives medicine that makes you sleep during surgery) wrote this book	2-7	N/A
A Toddler Prep Book: <ul style="list-style-type: none"> • Going to Have Surgery • Getting Ear Tubes • Goodbye Adenoids • Goodbye Tonsils 	Series of simple books about different kinds of surgeries. The books have pictures of the inside of a real hospital.	2-6	N/A
The Berenstain Bears: Hospital Friends	Cousin Bear has surgery to take out his tonsils and then has a sore throat. He learns about the hospital, x-rays, and the recovery room.	4-8	Berenstain Bears: Hospital Friends - YouTube
Chris Gets Ear Tubes	Chris learns about ear tubes he will have put in during surgery to help him hear better.	4-8	Chris Gets Ear Tubes - Storytelling - Devraj Ray - YouTube

Book Title	Description/Summary	Suggested Age Group	Free Link on YouTube
Clifford Visits the Hospital	Clifford sneaks into the hospital and learns it is not as scary as he thought. *Also in Spanish	3-7	Clifford Visits the Hospital - YouTube Clifford Visita el Hospital - YouTube
Curious George Goes to the Hospital	Curious George swallows a puzzle piece and has surgery to remove it. He stays overnight at the hospital and plays in the playroom.	4-7	Curious George Goes to the Hospital by Margaret and H.A. Rey Book Read Aloud for Kids Storytime - YouTube
Franklin Goes to the Hospital	Franklin has surgery to fix his broken shell. He goes to sleep in the operating room	4-8	"FRANKLIN GOES TO THE HOSPITAL" - Franklin Read Aloud - Storybook for kids, children - YouTube
Good-Bye Tonsils	Before surgery, a young girl talks with her friend to learn about surgery to take out her tonsils.	4-7	Good Bye Tonsils MGH Child Life Storytime - YouTube
S is for surgery: A Kids Surgery Book from A-Z	A workbook that uses the alphabet to explain surgery to older children.	8-12	N/A
Surgery on Sunday	Sunday is nervous about her ear surgery. She learns helpful tips for getting an IV and having surgery.	5-10	N/A

Video Title	Description/Summary	Suggested Age Group	Free Link on YouTube
Daniel Tiger: Daniel goes to the Hospital	Daniel Tiger needs surgery on his ears. His parents get him ready for surgery by telling him what to expect and letting him play doctor on his stuffed animal. Length: 27 minutes	2-5	Daniel Tiger's Neighborhood FULL EPISODE Daniel Goes to the Hospital PBS KIDS - YouTube
Peppa Pig: Health Check	Peppa Pig goes to the doctor for a check-up appointment. Length: 5 minutes	3-5	Peppa Pig Health Check Peppa Pig Official Family Kids Cartoon - YouTube
Berenstain Bears: Go to the Doctor	The Berenstain Bears go to the doctor for a check-up appointment and later find out Papa Bear is sick. Length: 12 minutes	3-7	The Berenstain Bears - Go To The Doctor [Full Episode] - YouTube
Sesame Street Goes to the Doctor	Elmo and friends are sick and go to the doctor for help. Length: 18 minutes	2-5	Sesame Street Goes to the Doctor - YouTube