

Transitioning to Adult Care: Understanding Your Health Insurance Card.

It is important that you look over and understand your health insurance card when moving to adult care.

This will help you:

- Set up visits with your doctors.
- Complete your forms when checking in for visits.
- Know how much your health insurance will pay for your visit.
- Know how much you may need to pay for your visit.
- Have the phone number and website of your health insurance plan.

Below are the important parts of your health insurance card:

- Name of insurance company
- Member number - an individual number that stands for the subscriber. This may also be called subscriber ID, insured ID, or policy number.
- Covered family members
- Subscriber-name of person who holds the insurance. May also be called member, policyholder, enrollee, or insured.
- Group number- an individual number for a group. May also be called plan number or account number.
- Prescription drug information - information for medicine-a pharmacy will need this information to fill medicines.
- Provider network
- Copay for doctor visit
- Phone number and website address to insurance company. This is usually on the back of the insurance card.

As an adult, you should:

- Carry your health insurance card with you.
- Carry your insurance cards for prescriptions, dental, and vision coverage, if they are separate from your health insurance card.
- Visit your health insurance website and review your benefit information.
- Call your health insurance plan when your address or phone number changes.
- Call your health insurance company if you have any questions about your health insurance plan.

Example of a health insurance card:

Front of card

Member number

Covered family members

UMR A UnitedHealthcare Company

Member ID: 072244791 Group Number: 76-414479

Member:
LIBBY SAMPLE 00 MED

Dependents:
SPOUSE SAMPLE 01 MED

CVS caremark
Rx BIN: 004336
Rx PCN: ADV
Rx GRP: RX7337

In-Network: \$1500 Ded, 20% coinsurance
Out-of-Network: \$3000 Ded, 50% coinsurance
ER & Urgent Care: 20% after deductible

UnitedHealthcare
Choice Plus Network

5010 Self-funded plan administered by UMR

Group number

Prescription drug information

Provider network

Back of card

Member website and phone number

Contact information for providers

This card must be presented each time services are requested. Printed: 08-20-2020

Pre-cert Req: All In-Pat and SNF, OP surgeries, Home Health/Hospice, Dialysis, DME-S1500, MR/IMRA/Pat scans, Transplants, IOP or PIP, Genetic testing, Oncology, Gene therapy.

For Members: childrenshealthbenefits.com 888-552-1755
For Pharmacists: 800-364-6331

For Providers: www.ccbyqh.com 866-686-9996
Fax Number: 888-713-1511
Claims: EDI # 39026, UMR, PO Box 30541, Salt Lake City, UT 84130-0541