




CARE: Child Adult Relationship Enhancement
 "Connecting with Children"

Use the 3 Ps to follow the child's lead.




	The 3 Ps	Examples	Reason
	1. PRAISE (Specific) appropriate behavior	<ul style="list-style-type: none"> • Good job of putting the toys away! • I like the way you're sitting so quietly. • Nice job following the directions. • Thank you for sharing. • Thank you for using your indoor voice. 	<p>Specific praise...</p> <ul style="list-style-type: none"> • is specific praise, telling the child exactly what you like about her/his behavior. • is more powerful in changing behavior than punishment and/or fear. • causes a child's good behavior to increase. • lets a child know what you like. • Makes you and child feel good.
	2. PARAPHRASE appropriate talk	<ul style="list-style-type: none"> • Child: I drew a tree. Adult: Yes, you drew a big tree. • Child: My shirt Elmo. Adult: Your shirt does have Elmo on it. • Child: I like to watch Barney. Adult: You like to watch Barney on TV. 	<p>Paraphrasing...</p> <ul style="list-style-type: none"> • lets the child lead the conversation. • shows the child that you are listening. • shows that you accept and understand the child. • can help improve a child's speech. • increases amount of talking you do with the child.
	3. "POINT OUT" the child's appropriate behavior	<ul style="list-style-type: none"> • You're making a tower. • You drew a square. • It looks like you're putting the girl inside the fire truck. • Now you are picking up the blocks. • You're concentrating on your picture. 	<p>Pointing out behavior...</p> <ul style="list-style-type: none"> • lets the child lead. • shows the child that you are interested. • teaches the child concepts or ideas. • models speech for the child. • holds the child's attention on the task. • organizes child's thoughts about the activity.

Mind Your Ps & Qs!

CARE: Child Adult Relationship Enhancement

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What to avoid when following the child's lead:

	Qs	EXAMPLES	REASON
	QUASH the need to lead! Avoid unnecessary commands	<ul style="list-style-type: none"> • Draw me a house. (Direct Command) • How about you try it this way? (Indirect Command) 	<ul style="list-style-type: none"> • Directions and suggestions take the lead away from the child. • Suggestions are often hidden directions, and the adult expects the child to comply. <p>If a child doesn't follow the direction, it can cause bad feelings.</p>
	Quit <u>Unnecessary</u> “Information” QUESTIONS Quit “Tone-of-voice” QUESTIONS	<ul style="list-style-type: none"> • What sound does the cow make? • What are you building? • Do you want to play with the train? • How many brothers and sisters do you have? • Child: I'm going to color the dog purple. <input type="checkbox"/> Adult: You're coloring it purple? 	<ul style="list-style-type: none"> • Questions tend to lead the conversation. • Many questions are commands and require an answer. • It may seem like you aren't listening to the child. <input type="checkbox"/> It may sound like you disagree with their idea.
	QUIET the criticisms: QUIT NO DON'T STOP NOT	<ul style="list-style-type: none"> • Quit being silly <input type="checkbox"/> That wasn't nice. • I don't like it when you make that face. <input type="checkbox"/> Stop crying! <input type="checkbox"/> No, you shouldn't do that. <input type="checkbox"/> That animal doesn't go there. 	<ul style="list-style-type: none"> • “Negative talk” often increases negative behavior. • It can also create friction.

STRATEGIC IGNORING

"Choosing Your Battles"

Ignoring can be a powerful tool for decreasing many types of negative attention-seeking behaviors. Ignore the child until the behavior stops. Then give attention to the child for a positive behavior. Children love your attention!

BEHAVIORS THAT CAN BE IGNORED

(write in others)

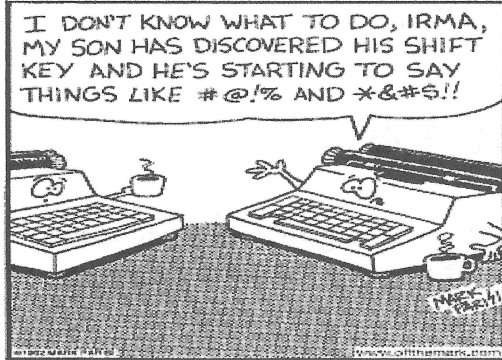
Interrupting	
Baby talk	
Sulks	
Argues	
Braggs	
Whines	

1. Act as if you do not see or hear minor misbehaviors.

- **Example:** The child is sitting well but whines when a new activity is introduced. Praise the sitting and pay no attention to the whining. Act as if the child made no sounds. The whining will decrease if you consistently ignore it over time.

2. Actively ignore slightly worse misbehaviors.

- **Example:** The child pushes an art project to the floor. Turn slightly away from the child, and describe enthusiastically what another child is working on. As soon as the child shows any interest in what you are doing, turn back with lots of enthusiasm and say something like, "I'm SO GLAD you want to work on your project again! I love the picture you're working on!"

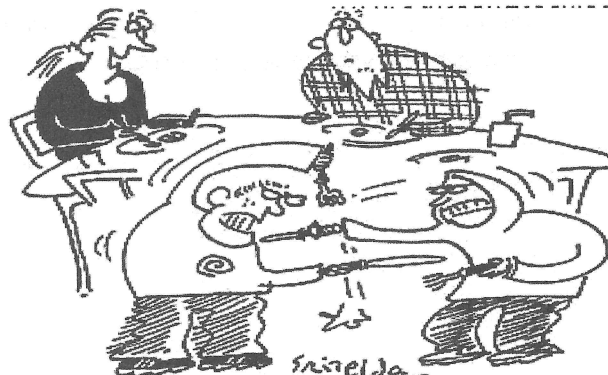


Note: When you first begin to ignore a behavior that previously received attention, it may get *worse*—that's a sure sign it is working. Stay the course! And, it will begin to decrease.

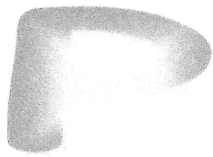
BEHAVIORS THAT CANNOT BE IGNORED

(write in others)

Hitting others	
Biting oneself	
Kicking others	
Breaking toys on purpose	
Throwing furniture	
Standing on furniture	
Biting others	
Doing anything that is dangerous to the child, the adult or others	



'ISN'T IT NICE TO SEE THEM
USING THEIR KNIFE AND FORK?'



Praise (Specific)

That was great counting you did.

You're very good at remembering your alphabet.

Great job sitting still at the table!

You're doing such a good job of working hard.

You have a wonderful imagination the way you are building that castle.

You did a great job of helping him with his tower.

You drew it perfectly!

This is a terrific house we made together.

I like how you are sharing your legos.

That's a wonderful story you are telling.

Thank you for asking him politely for the red block.

I love it when you use such good manners.

You are just super at taking turns.

Good job finding that toy!

I am really impressed with how hard you are trying to fix that.

You're doing a great job of speaking with an inside voice.

You made a gorgeous _____.

Praise (Specific) Older Children and Teens

You're very good at remembering your supplies.

Great job getting your homework done!

You're doing such a good job of working hard.

You have a wonderful imagination the way you are creating that art project.

You did a great job of helping her with her math.

I'm so proud of you for reaching your goal.

That was very kind of you to ask her to join in.

This is a terrific cake we made together.

I like how you're sharing your gummy worms.

That's a wonderful story you told.

Thank you for asking politely for the car keys.

I love it when you use such good manners.

I appreciate how clearly you explained your point of view.

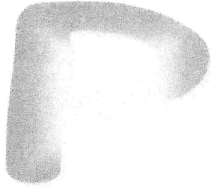
You are just super at putting outfits together.

Good job finding that piece of the puzzle!

I am really impressed with how hard you are trying to fix that.

You're doing a great job of speaking calmly.

Mind Your Ps & Qs!



Point Out Behavior

You're building a pickup truck.

You're working hard to find that piece.

You're putting the cow in the barn.

That's a new song you sang.

You're sitting very quietly.

It looks like you are picking out all the red ones.

You're drawing a picture of a tree.

You're looking for something else to play with.

You've lined up all the cars for the car wash.

Looks like you drew a tornado.

You look like you're putting some toys away.

You're using your inside voice.

You are giving me the picture you drew.

You put them together in a long, straight line.

Point Out Behavior (Older kids and Teens)

You're making brownies for the party.

You're ready for bed.

You're having eggs and toast.

That's a new song you're singing.

You're sitting very quietly.

It looks like you are picking out all the red M&Ms.

You're taking pictures of your toes.

You're looking for something else to eat.

You've lined up all the supplies for your project.

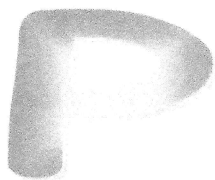
You're wearing your favorite outfit.

You look like you're getting organized.

You're trying to figure out what to do.

You put them together in a repeating pattern.

Mind Your Ps & Qs!



Paraphrase

Child: I made tower.

Adult: You did make a tower.

Child: The choo-choo go whiz.

Adult: The train goes very fast.

Child: Give me the car.

Adult: Oh, you want the car.

Child: Cow moo.

Adult: The cow says moo.

Child: The clown makes me laugh.

Adult: The clown is funny.

Child: Build a wall.

Adult: You want me to build a wall.

Child: This piece don't fit.

Adult: Yes, that piece doesn't fit.

Child: I'm drawing a square.

Adult: You are drawing a yellow square.

Paraphrase (Older children and teens)

Teen: I made dinner.

Adult: You did make dinner.

Teen: I want to see that movie.

Adult: You'd like to see that movie.

Teen: He has a cool ass name.

Adult: You think his name is cool.

Teen: This show makes me laugh.

Adult: The show is funny.

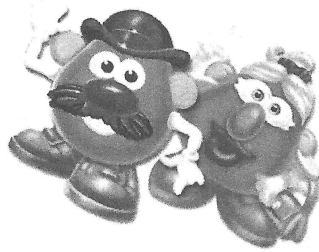
Teen: This shirt don't fit me. Adult: That shirt doesn't fit you anymore.

Teen: Coach made us run extra laps.

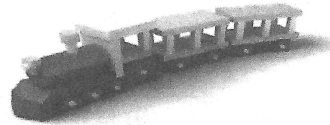
Adult: Oh, you had to run more than usual today.

Teen: I think that dog got fleas.

Adult: The dog does seem like he has fleas.

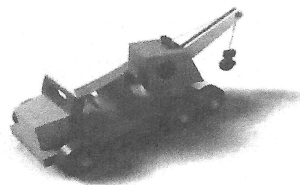
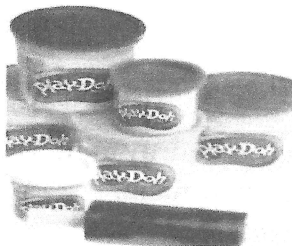


Suggested Toys for Connecting With Children



Creative, constructional toys like:

- Building blocks
- Legos, Duplos, Tinker Toys
 - Lincoln Logs
- Mr. & Ms. Potato Head
- Dollhouse with miniature people
- Crayons, Stencils and Paper
 - Toy farm with animals
 - Play Dough & molds
- Small stuffed or plastic animals
- Dishes, pots & pans & play food
 - Train Set
- Play garage with cars



Giving Good Commands

	Rules	Examples
Developmentally Appropriate	<p>Save direct commands for things you are <u>sure</u> the child can do.</p> <p>To encourage new behaviors, use a suggestion (an indirect command) instead of a direct command</p>	<p>Adult to 4-year old: Would you like to try to sign it? <i>instead of...</i> Write your name.</p>
Polite	Be <u>polite</u> and respectful, while still being direct and clear.	Please hand me the crayon. Sit next to me, please.
Neutral	Use a <u>neutral</u> tone of voice instead of yelling or pleading.	<p>Come sit next to me. <i>instead of...</i> Sit here <u>now</u>!!! <i>or...</i> It would make me so happy if you would sit here, please.</p>
Clear & Direct	Make commands <u>direct</u> instead of indirect commands or suggestions.	<p>Direct: Please sit down right here. vs Indirect: Would you like to sit down?</p> <p>Direct: Please stand in the line. vs Indirect: How about standing in line now?</p>
Positively Stated	<p>State commands <u>positively</u>.</p> <p>Tell child what <u>to do</u> instead of what not to do. Avoid "Quit, No, Don't, Stop, Not"</p>	<p>(Child is running around the classroom) Adult: Please sit over here. or Please hold my hand. <i>instead of...</i> Quit running around!</p> <p>(Child standing on a chair) Adult: Please get down. <i>instead of...</i> Don't climb on the chair.</p>
One at a Time	Give <u>one</u> command at a time instead of stringing commands together.	<p>Please put on your coat. <i>instead of...</i> Put on your coat, get your bag, and line-up.</p>
Specific	Make commands <u>specific</u> instead of vague.	<p>Please put the truck away on that shelf. <i>instead of...</i> Clean up the play room.</p> <p>Please use your indoor voice. <i>instead of...</i> Be good.</p>

Choices	Give <u>choices</u> at the child's developmental level when either of 2 behaviors is appropriate.	Please draw on the paper with the green crayon or the blue crayon. Please sit in this chair or on the carpet.
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	Rule	Examples
Limit Explanations	<p><u>Limit the use of explanations.</u></p> <p>When used, give them before the command or after the child has obeyed.</p>	<p>Adult: Playtime is over and we need to get ready for lunch. Please put your crayons away. Child: Why?</p> <p>Adult: (Ignores because adult has already given explanation.) <i>instead of...</i></p> <p>Adult: Put the crayons away. Child: Why?</p> <p>Adult: Because we need to get ready to go. Child: After I finish. Adult: I said put the crayons away now!</p>
5 Second Rule	<p>Count to 5 silently after giving a command to give the child a chance to begin to comply.</p>	<p>Please come here (silently count: 1 onethousand, 2 one-thousand...). <i>instead of...</i></p> <p>Please come here. Get over here. I said get over here now!</p>

Always give a Labeled Praise for Compliance!

Q: Do I praise the child if I have told him to write his name on the top of the page and he writes his name on the bottom of the page?

A: Even though the child did write his name, the specific command was to write it on the top of the page. When a child does something slightly different from your command, it is noncompliance and does not get a Specific praise.

Q: If I have told the child, "Please put the box on the shelf" and she slams the box on the shelf while yelling, "I put the stupid box away!" what do I do?

A: The command was to put the box on the shelf. Since the child did comply with this command, the best thing to do is ignore the attitude and praise the compliance. Bad attitudes will wane when you give them no attention.

Broken Record Practice

The Broken Record is a tool for adults to practice giving a direct, positively stated command while keeping a neutral, consistent tone of voice.



- Choose a command where compliance is not critical (e.g., tell the child to hand you something)
- Repeat the Command (up to three times sounds like a broken record)
 - Use the exact same words
 - Use the same calm tone of voice
 - Show no facial expression
 - Wait 5 seconds between giving each command
- If the child complies after any of the commands give an enthusiastic Specific praise!
- The following is an example of using the broken record skill:
 - Adult: Please hand me the book.
 - Child: I have to finish coloring first.
 - Adult: Please hand me the book.
 - Child: But my tummy hurts. I'm sick!
 - Adult: Please hand me the book.
 - Child: (hands adult the book)
 - Adult: Thank you so much for doing what I told you to do!
- If the child does NOT comply, turn or walk away. When possible, just IGNORE!

Consider scripted response