### **Balloon Notes**

# Caring for your child.



### Partnering to Keep Your Child Safe: Central Line Care

#### What should you know about your child's central line?

#### Preventing a central line infection keeps your child safe!

A blood infection that happens from a central line is called a Central Line-Associated Bloodstream Infection, or CLABSI for short.

- A CLABSI can happen when germs travel down the central line and enter the blood
- The infection is treated with antibiotics
- Some infections might make your child very sick or might be hard to treat

## What is a central line?

A tube placed into a large blood vessel called a vein. It is used to draw blood, give fluids or medicines.

### What can you do to partner with us in the care of your child's central line?

- **1. Make sure everyone has Clean Hands** Clean hands are the best way to keep your child from getting an infection
  - Everyone must wash hands with soap & water or use hand sanitizer
  - Doctors and nurses must clean hands and put on gloves before touching your child's line
  - Remind family, guests and your child's doctors and nurses if you notice they didn't clean their hands
- 2. Help us with the Daily Care Daily care is important to keep infection away from your child's central line
  - Tell your child's nurse right away if your child's:
    - Line is leaking or gets disconnected (Do not reconnect)
    - Central line cover or dressing is loose, wet or looks dirty
    - Central line tubing or dressing gets body fluids like poop, throw up, or mucus on it
    - o Central line looks red or hurts
  - Help give your child a bath each day with a special antimicrobial soap called CHG (chlorhexidine gluconate)
  - Remind our staff to always "Scrub the Hub" Cleaning the central line cap before use with alcohol or CHG for 15 seconds and letting it dry for 15 seconds helps kill the germs
  - Make sure everyone, even your child, wears a mask when the central line caps or dressing is changed

# You can also help by learning:

- When your child should get the central line caps or dressing changed next
- About extra covers that protect and keep the central line caps clean
- **3.** Ask your child's doctor How Long your child needs their central line As soon as your child no longer needs their central line, it is important to take it out
- 4. Please Speak Up! We want you to be our partner and help keep your child safe!

