

BY YOUR SIDE®, FROM CHILDHOOD TO ADULTHOOD

You're invited to Transitioning to Adult Care

Virtual Workshops

Sept. 26, 2020 | 9 a.m. – Noon

Virtual Workshop for caregivers who will continue to be involved in their teen's care as they transition to adult care.

Oct. 10, 2020 | 9 a.m. – Noon

Virtual Workshop for teens who will be independent as they transition to adult care and their parents.

RSVP today at transitionrsvp@childrens.com or call 214-456-1601.

Caregivers, parents, and teens welcome.



Transitioning to adult health care can be challenging. How will health care change? Is a new doctor needed? What is health insurance, and how will these benefits change? How will medical decisions be made in the future? Children's HealthSM can help you and your family plan, prepare and better understand how health care will change when moving to adult care.

Join us for one of our Transitioning to Adult Care Workshops where you'll:

- Learn about what to expect when transitioning to an adult provider
- Explore medical decision-making options (guardianship, power of attorney, shared decision-making, independent care)
- Learn how to navigate the basics of health insurance
- Hear about future planning for school or work
- Learn about stress management and healthy habits

For more information and registration, contact the Office of Patient Transition at 214-456-1601 or transitionrsvp@childrens.com.

