video chat with a health care provider – right from home.

FOLLOW THESE TIPS FOR A SUCCESSFUL VIRTUAL VISIT BY CHILDREN'S HEALTH™ VIRTUAL CARE



Go to a quiet, well-lit, distraction-free area such as your desk, not the car



Test the video, audio and speakers on your mobile device





Make sure the patient is present and dressed appropriately for an office visit



Hold device steady, rest it on a sturdy surface or have a quardian hold it



Keep device 18-24 inches from your body



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