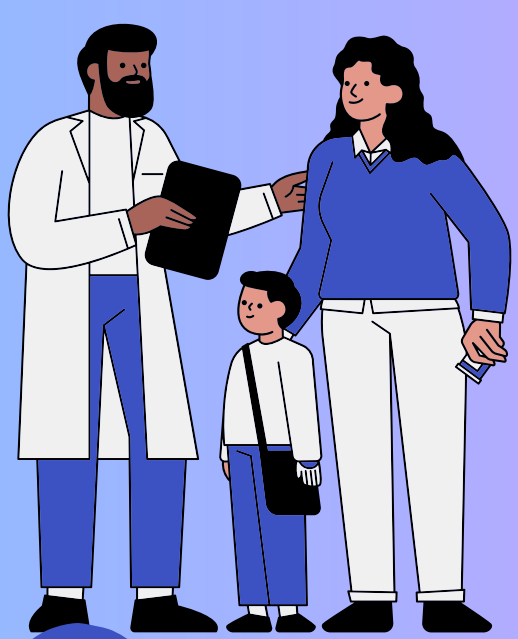
Have you or your child had a pulmonary embolism?

You or your child may be eligible to join our research study!



1 What is a pulmonary embolism (PE)?

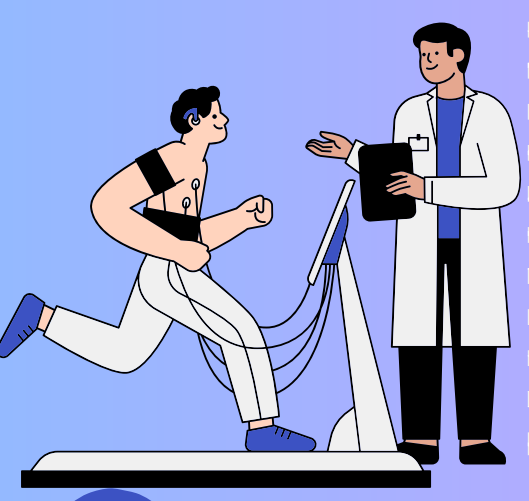
A PE is a blood clot that gets stuck in the lung. It blocks the blood vessel and stops blood from entering the lung.

PE can cause something called post-PE syndrome (PPES). PPES can cause shortness of breath, difficulty exercising, and impaired functional or mental status. Rehabilitation (rehab) following PE is vital for improving quality of life.

2 Who can be in the study?

People aged 13-21 years old who have had a PE in the last 12 months can participate in the study.

Patients cannot be in the study if they have chronic thromboembolic pulmonary hypertension or a condition that limits their ability to complete the study or give consent.



3 Why is this study being done?

We want to learn what patients and their caregivers think about getting help with recovery after a PE. We want to know what would be helpful and what would not. What we learn will help us create a recovery program that works or patients and families.

4 What will I do during the study?

Some participants will do an interview and voting exercise, while others will answer multiple choice questions. This is so we can learn what participants like and dislike about post PE rehab. No rehabilitation or medical procedures will take place for the study.

5 How do I sign up?

You can sign up by visiting our website, or emailing the study team!

https://labs.utsouthwestern.edu/zia-research-group/contact-us

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